

Nail Treatments

Deluxe Manicure €40

*This luxurious treatment includes: Hand soak, file and buff, cuticle work, hand massage with lotions, heated mitts, and paint. The perfect treatment for tired hands. **Make French paint add €5***

Express Manicure €22

File and buff, cuticle work and paint.

Deluxe Pedicure €40

*This relaxing treatment includes: Foot soak, file and buff, cuticle work, foot scrub with light massage, heated booties, callus work and paint. To keep you walking on clouds! **Make French paint add €5***

Express Pedicure €22

File and buff, cuticle work and paint.

Callus Peel Foot Treatment €20

or €10 if added to Deluxe Pedicure

File and Paint €12

File and French €15

Gelish Nails €30

Your perfect 2 week polish.

Gelish Hands & Toes €50

Gel Nail Extensions €40

Gel Refills €35

Gel Nails with French €50

Please bring flip flops when having a pedicure

Beauty Bundles

Holiday Waxing Special €65

(half leg wax, standard bikini, underarm wax, brow wax and lash tint)

**Patch test required 24 hours prior to tint.*

An Hour to Myself €60

30 mins facial & 30 mins back massage.

*Add Light lunch for €15**

Pamper Me Package €100

30 mins Facial, 30 mins De-Stress Massage, Foot Massage, Use of Sauna, Steam Room & HydroSpa.

Ultimate Top to Toe €170

*60 mins facial, 45 mins de-stress massage including Indian head massage, Gelish (two week polish) on hands and toes. Use of sauna, steam room & hydrospa. Light lunch included**

Afternoon Delight €120

*30 mins facial, 30 mins back massage & choice of gelish on hands or toes. Light lunch included**

** Times of light lunch availability in Bistro must be advised when booking.*

**10% OFF on treatments
for GYM MEMBERS**

& STUDENTS with a valid student ID
(discount does not include retail products)

OPENING HOURS

Monday-Friday: Open late until 21.00

Saturday: 09.00-19.00

Sundays & Bank Holidays: CLOSED

Beauty Salon Information

Consultations

We ask all first time clients to fill out a consultation form to allow us to customise your treatments and to provide us with any relevant health information which may impact on your treatment (Times of treatment(s) include filling out consultation form). Our clients are our number one priority, to help us achieve this; If it is your first visit with us, please allow ten minutes before your treatment time to complete this form.

All Clients have the right to request access to their personal data and for information on how their information is used after it has been gathered. All clients can request that their personal data is not used for marketing with SMS or Emails, your personal data can remain in place but not used. All Clients have the ability to request that ALL of their personal information is deleted.

Cancellation Policy

If you are running more than 10 minutes late for your appointment time, we may be able to offer you a shortened treatment or facilitate a rescheduled time.

As a courtesy to our other clients, please give us at least 12 hours notice if you need to cancel or change your booking. Please note that the full treatment price may be charged if the required cancellation notice is not given.

Phone Usage

We request that you put your phone on silent mode and refrain from taking calls and texting while in the salon. Should you need to take or make a call while waiting for your treatment to commence, please do so in the reception of the leisure club.



GLENROYAL
Beauty Salon

AT THE GLENROYAL LEISURE CLUB

Tel: 01 629 1313

Email: beauty@glenroyal.ie

www.glenroyalleisureclub.com



Dermalogica Facial Treatments

Skin treatments using only professional products and tools combined gives the products power to deliver professional level results.

ProSkin 60 €60

The ultimate treatment, different every time. Customised with advanced product, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns and achieve healthy glowing skin. (60 mins) - Add extractions for €10*

ProSkin 30 €40

Our customised treatment, on your time! Targeting your key skin concern for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes, want visible results and great value. (30 mins)

Expert Active €80

Intensive resurfacing treatment, dramatic results. This super charged treatment features our professional grade BioSurface™ Peel powered up with the latest technology to deliver smooth polished skin. Intensive products, no redness, no downtime... just amazing skin! (40-60 mins)*

Dermalogica Eye Rescue (20 mins*) €30

Let your skin therapist show you professional hacks to get you healthy skin that glows. Ideal if you need a skin boost or before a special event.

Skin Fitness Plan powered by Face Mapping®

Your skin is unique, let's treat it that way! Discover how to achieve your best skin ever with your complimentary skin fitness plan.

**Times of treatment(s) include filling out consultation form.*

Massage Treatments

Scandinavian Massage (60 mins*) €65

Popular general-purpose system of massage to promote overall relaxation.

Deep Tissue Massage (60 mins*) €75

Focuses on realigning deeper layers of muscle to attempt to relieve chronic muscle problems

Back Massage (30 mins*) €35

Foot Massage (30 mins*) €35

Indian head Massage (30 mins*) €35

Manipulates shoulders/scalp using different pressure points and rhythms to stimulate nerve endings.

Aromatherapy Massage (60 mins*) €65

Holistic treatment mixes therapeutic essential oils to promote relaxation.

Hot Stone Massage (60 mins*) €65

Deep massage using soothing oils and warm basalt to relax muscles.

Hot Stone Back Massage (30 mins*) €40

De-stress Massage (40 mins*) €45

Focuses on troublesome areas of the upper body while encouraging relaxation.

Reflexology Treatment (60 mins*) €55

Holistic therapy, a system of massage used to relieve tension and treat illnesses. Releases blockages and balances the body's energy flow.

**Times of treatment(s) include filling out consultation form.*

Body Treatments

Mini Mi Body Wrap €75

Permanent fat loss, improves skin tone, tightens and firms as seen on Xpose.

Body Polish €25

Make-up Application

Fuschia Make-up, a multi award winning Irish make-up brand. Fuschia is known for its excellent array of products catering for the modern woman.

Make-up €35

Make-up with strip Lashes €40

Make-up with individual Lashes €45

Eye Make-up and Lashes €20

Eye Care

Brow Tweeze €9

Brow Tint €5

Lash Tint €10

Eye Combo €20

Ilah Brows €30

Brows on the go top-up treatment of Ilah brow €15

**Patch test required 24 hours prior to tint.*

Lashes

Cluster/Weekend individual Lashes €20

Refills €10

Strip Lashes €12

Semi-permanent Classic Lashes €70

Semi-permanent Classic Refills €50

(requires within 3 weeks of initial treatment)

**Patch test required 24 hours prior for glue and solutions*

Lycon Waxing Treatments

The unique **Lycon** Wax, natural high quality wax giving you the best results and a dramatically different waxing experience. **Lycon** is the only ISO certified wax.

Eyebrows €11

Lip €10

Arm €22

Chin €10

Abdominal €12

Lip & Chin €15

Face €20

Half Leg wax €23

Half Leg Upper €26

Full Leg €32

Full Leg & Bikini €42

Underarm €14

Standard Bikini (Clean Sides) €18

Extended Bikini (A little further in than standard) €22

Californian (Triangle) €35

Brazilian (Strip) €46

Hollywood (All Bare) €49

3/4 Leg €28

Back €35

Chest €30

Spray Tanning

Full Body €25

Half Body €15

Please wear loose dark clothing. Exfoliate 2 days before your appointment. Please bring flip flops